



Date - 21/06/2022

## 8<sup>th</sup> International Day of Yoga (21 – June- 2022 )

### Yog Saptah – 14 to 20 – June 2022.



With Reference to the Guideline issued by Directorate Of AYUSH, Maharashtra State, Mumbai Ref. No. – आसंमु / आंतरराष्ट्रीय / योगादिन/ २१ जून / २०२२/ आयू २ / ६०६०-६५ दि. १/जून/२०२२. Celebration of 8th International day of Yoga ad ( 21 June 2021) and Celebration of Yog Saptah (14 June 2012 -20. June 2022) was conducted at Dr. Deepak Patil Ayurvedic Medical College & Research Center, Borpadale Phata, Tal-Panhala, Dist- Kolhapur, Maharashtra. India The program was Conducted by Dept of Swasthavritta & Yoga.

Schedule was prepared for the conduction of Yoga Saptah as follows

- 1) Rangoli Competition.( Yoga Theme) – 14/06/2022
- 2) Essay Competition (Yoga topic) – 15/06/2022
- 3) Yoga Demonstration competition - 17/06/2022
- 4) Guest Lecture by Dr. Prasad Sangar (Yoga Guide ) on Role of Yoga in personality development 18/06/2022.
- 5) Yog Dindi (Yoga Rally) in Borpadale Village with Yoga promoting slogans. 18/06/2022.
- 6) Yoga Practice sessions of All B.A.M.S students, Teaching and Non teaching staff. From 18 to 20/06/2022.
- 7) Yoga Demonstration by All BAMS Student Teaching Non teaching & Hospital staff. Prize distribution.

All teaching, Non- teaching staff, students from Dr. Deepak Patil Ayurvedic Medical College and Research Centre was present at the program and Conducted all the program enthusiastically. The program was conducted under the Guidance of Principal Dr. Satwashil Desai sir, Dr. Vinod koravi Associate Prof. Swasthavritta Dept. Dr. Radhika chougule. Assistant prof Swasthavritta Dept of Dr Deepak Patil Ayurvedic medical college.

The Activity was supported by President Dr. Deepak Patil, Vice President Mr. Sachin Patil, Secretary Dr. swati Patil, managing Director Dr. Smita Patil from Sajeevani Multipurpose Foundation, Borpadale, Tal-Panhala, Dist- Kolhapur.

On the 21 June 2022 After Yoga Demonstration, the prize distribution done By the precious hands of vice president Mr. Sachin Patil sir and managing director Dr. Smita Patil madam, and the entire program was completed enthusiastically.

  
**Principal**

Dr. Deepak Patil Ayurvedic Medical College  
& Research Center, Borpadale Phata, Tal. Panhala,  
Dist. Kolhapur-416 213.